



Tina Talk

Well, it feels like spring might just be around the corner....finally! I wanted to kick off the new season with a special that will not only benefit all of you, but help a cause that is near and dear to my heart. So my dog, Fergie, and I invite all of you to participate in the "Fergie Special" this spring. Please read details about the special below, but your donations, whether they are an item from the list or perhaps monetary, are greatly appreciated. All items donated will go directly to the Oakland County Animal Care Center in an effort to help them operate and maintain their animal shelter and find loving homes for abandoned/stray animals. Feel free to pick up a brochure at the front desk to read more about this wonderful organization, where I have been a volunteer for some years. So, while we are all on this personal journey to lead long, healthy and active lives, I hope that we can come together and truly make a difference for these poor, homeless animals and help them lead long, healthy and active lives, too. My true and heartfelt thanks to all of you, not only for your continued patronage of BodyPure, but for taking the time to read my plea. Happy Spring Everybody!

Love~Tina

Go Red *for* Women!

Early this winter BodyPure hosted a Go Red event where ladies wore their red proudly for a private Cardio Fusion class. The event was hosted by BodyPure friends and clients, Dr. Joan Crawford, the 2008 Metro Detroit Go Red For Women Medical Chair, along with Jan Hoge. Go Red for Women is the American Heart Associations nationwide movement that celebrates the



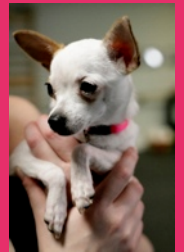
energy, passion and power we have as women to band together and wipe out heart disease. Thanks to participation of millions of people across the country, the color red and the red dress have become linked with the ability all women have to improve their heart health and live stronger, longer lives.

bringing Sexy Back...
pure barre workshop
April 6th @ 9:30 am, \$35
sign up & prepayment required

Fergie Special

Bring in an item listed below for the Oakland County Animal Care Center or a monetary donation and get 15% OFF one retail item or any class package.

- Towels and blankets
- Canned cat food
- Cat litter and pans
- Bound carpet samples
- Pet carriers
- Pet toys
- Leashes and collars
- Food dishes
- Newspapers



CHECK OUT WHAT'S NEW TO THE BODYPURE BOUTIQUE!

zobha

from lightweight, high performance fabrics to exceptional fit and thoughtful details, take a closer look at the elements that make The Zohba Difference.

COUTURE
ACTIVE WEAR
By Janis Saffell

For Women who know... designer, trend setting active wear that moves with you. For hip, sophisticated and body-conscious women who take pride in their appearance at the gym, at lunch and out shopping.

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Quite possibly the most powerful liquid antioxidant program in the world!

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the insanely healthy energy drink, available sugar free!